

Black Pepper School Meals - Allergies Notes

Ver. 29-06-2020 10:06

[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

[2] Nuts - (Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts)

[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

| Day | Date | Menu | Eggs | Milk | Cereals containing Gluten | Fish | Soybean | Mustard | Sesame | Lupin | Celery (and celeriac) | Sulphur Dioxide | Peanuts | Nuts [2] | Molluscs [3] | Crustaceans [4] | Notes | | | |
|-----------|------------|---|------|------|---------------------------|------|---------|---------|--------|-------|-----------------------|-----------------|---------|----------|--------------|-----------------|-------|--|-----------------------|--|
| | | | | | | | | | | | | | | | | | | | | |
| Monday | 31/08/2020 | Hot Dogs | | | | | | | | | | | | | | | | | | |
| | | Vegetarian Hot Dog | | Y | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Jam Tarts | Y | Y | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | | | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | | |
| Tuesday | 01/09/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | Y | | | | | | | | | |
| | | Falafels in a Tomato Sauce with Garlic Bread | Y | | Y | | Y | | | | Y | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Chocolate and Orange Sponge | Y | | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Pasta | | | | | | | | | | | | | | | | | | |
| | | Peas and Extra Salad | | | | | | | | | | | | | | | | | | |
| Wednesday | 02/09/2020 | Lamb Grills | | Y | Y | | | | | | | | | | | | | | Naan Only | |
| | | Vegetable Burger | | | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Oat Flapjacks | Y | | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | | | | | | | | | | | | | | | | |
| | | Peas and Extra Salad | | | | | | | | | | | | | | | | | | |
| Thursday | 03/09/2020 | Chicken Curry with Naan Bread | | Y | Y | | | | | | | | | | | | | | Milk - Meatballs only | |
| | | Vegetable Curry | | Y | Y | | | Y | | | Y | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Coco Brownies | Y | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | | |
| Friday | 04/09/2020 | Crumb Coated Cod Whole Fish Fillets | | | Y | Y | | | | | | | | | | | | | | |
| | | Cauliflower Cheese Grills | | Y | Y | | | Y | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Apple Crumble and Cream | Y | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Chunky Oven Chips | | | | | | | | | | | | | | | | | | |
| | | Mixed Vegetables | | | | | | | | | | | | | | | | | | |

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| Day | Date | Menu | Eggs | Milk | Cereals containing | Fish | Soybean | Mustard | Sesame | Lupin | Celery (and celeriac) | Sulphur Dioxide | Peanuts | Nuts [2] | Molluscs [3] | Crustaceans [4] | Notes | | |
|-----------|------------|---|------|------|--------------------|------|---------|---------|--------|-------|-----------------------|-----------------|---------|----------|--------------|-----------------|-------|-------------------|-------------------|
| | | | | | | | | | | | | | | | | | | | |
| Monday | 07/09/2020 | Battered Chicken Steak | | Y | Y | | | | | | Y | | | | | | | | |
| | | Vegetarian Fingers | | | Y | | | Y | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Fruit Jelly | | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | |
| | | Peas and Sweetcorn | | | | | | | | | | | | | | | | | |
| Tuesday | 08/09/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | | | | | | | | Garlic Bread Only | |
| | | Ravioli Roasted Root Vegetables with Garlic Bread | | | Y | | | | | | | | | | | | | | Garlic Bread Only |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Coco Sponge and Custard Piping | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Pasta Twist | | | Y | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | |
| Wednesday | 09/09/2020 | Healthy option Beef Burger in a Bread Roll | | | Y | | | | | | | | | | | | | Burger and Roll | |
| | | Vegetarian burger in a Bread Roll | Y | | Y | | | | | | | | | | | | | | Burger and Roll |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Yogurt Sponge Cake | Y | Y | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | Y | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | |
| Thursday | 10/09/2020 | Sausages and Yorkshire Puddings and Seperate Gravy | | | Y | | | | | | | | | | | | | | |
| | | Vegetarian Sausages and Yorkshire Puddings and Seperate Gravy | Y | | Y | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Coco Brownies | | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | Y | | | | | | | | | | | | | | |
| | | Peas | | | | | | | | | | | | | | | | | |
| Friday | 11/09/2020 | Jumbo Fish Finger | | Y | Y | Y | | Y | | | | | | | | | | | |
| | | Cheese and Tomato Pizza | | Y | Y | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Shortbread | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Herby Diced Potatoes | | | Y | | | | | | | | | | | | | | |
| | | Baby Carrots and Cauliflower | | | | | | | | | | | | | | | | | |

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| Day | Date | Menu | Eggs | Milk | Cereals containing | Fish | Soybean | Mustard | Sesame | Lupin | Celery (and celeriac) | Sulphur Dioxide | Peanuts | Nuts [2] | Molluscs [3] | Crustaceans [4] | Notes | | |
|-----------|------------|---|------|------|--------------------|------|---------|---------|--------|-------|-----------------------|-----------------|---------|----------|--------------|-----------------|-------|----------------------------|--|
| | | | | | | | | | | | | | | | | | | | |
| Monday | 14/09/2020 | Roast Chicken and Seperate Gravy | | | | | | | | | | | | | | | | | |
| | | Quorn Roast and Seperate Gravy | Y | | Y | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Fruit Jelly | | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Roast Potatoes | | | | | | | | | | | | | | | | | |
| | | Peas and Carrots | | | | | | | | | | | | | | | | | |
| Tuesday | 15/09/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | Y | Y | | | | | | | | | | | | | Milk - Meatballs only | |
| | | Falafals in a Tomato Sauce and Garlic Bread | Y | | Y | | Y | Y | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Banana and Choc Chip Sponge | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Pasta | | Y | | | | | | | | | | | | | | | |
| | | Sweetcorn and Extra Salad | | | | | | | | | | | | | | | | | |
| Wednesday | 16/09/2020 | Sausage Roll | Y | Y | Y | | | | | | | | | | | | | Milk/Egg - Yorkshires only | |
| | | Cheese and Onion Roll | Y | | Y | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Swiss Roll | | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | Y | | | | | | | | | | | | | | |
| | | Sweetcorn and Diced Carrots | | | | | | | | | | | | | | | | | |
| Thursday | 17/09/2020 | Chicken Goujons | | Y | Y | | | | | | | | | | | | | | |
| | | Quorn Dippers | | Y | Y | | Y | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Oat Flapjacks | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | Y | | | | | | | | | | | | | | |
| | | Baked Bean | | | | | | | | | | | | | | | | | |
| Friday | 18/09/2020 | Fish Star Cakes | | Y | Y | Y | | | | | | | | | | | | | |
| | | Cheese and Tomato Pizza | | Y | Y | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Coco Brownies | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Oven chips | | | | | | | | | | | | | | | | | |
| | | Mixed Vegetables | | | | | | | | | | | | | | | | | |

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| | | | | | | | | | | | | | | | | | | | |
| Monday | 21/09/2020 | Hot Dogs | | | | | | | | | | | | | | | | | |
| | | Vegetarian Hot Dog | | Y | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Jam Tarts | Y | Y | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | |
| Tuesday | 22/09/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | Y | | | | | | | | |
| | | Falafals in a Tomato Sauce with Garlic Bread | Y | | Y | | Y | | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Chocolate and Orange Sponge | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Pasta | | | | | | | | | | | | | | | | | |
| | | Peas and Extra Salad | | | | | | | | | | | | | | | | | |
| Wednesday | 23/09/2020 | Lamb Grills | | Y | Y | | | | | | | | | | | | Naan Only | | |
| | | Vegetable Burger | | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Oat Flapjacks | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | | | | | | | | | | | | | | | |
| | | Peas and Sweetcorn | | | | | | | | | | | | | | | | | |
| Thursday | 24/09/2020 | Chicken Curry with Naan Bread | | Y | Y | | | | | | | | | | | | Milk - Meatballs only | | |
| | | Vegetable Curry | | Y | Y | | | Y | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Coco Brownies | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | |
| Friday | 25/09/2020 | Crumb Coated Cod Whole Fish Fillets | | | Y | Y | | | | | | | | | | | | | |
| | | Cauliflower Cheese Grills | | Y | Y | | | Y | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Apple Crumble and Cream | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Chunky Oven Chips | | | | | | | | | | | | | | | | | |
| | | Mixed Vegetables | | | | | | | | | | | | | | | | | |

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| | | | | | | | | | | | | | | | | | | | | | |
| Monday | 28/09/2020 | Battered Chicken Steak | | Y | Y | | | | | | Y | | | | | | | | | | |
| | | Vegetarian Fingers | | | Y | | | Y | | | Y | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | | |
| | | Fruit Jelly | | | | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | | | |
| | | Peas and Sweetcorn | | | | | | | | | | | | | | | | | | | |
| Tuesday | 29/09/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | | | | | | | | | Garlic Bread Only | | |
| | | Ravioli Roasted Root Vegetables with Garlic Bread | | | Y | | | | | | | | | | | | | | | Garlic Bread Only | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | [1]. See Above | |
| | | Coco Sponge and Custard Piping | Y | | Y | | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | | |
| | | Pasta Twist | | | Y | | | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | | | |
| Wednesday | 30/09/2020 | Healthy option Beef Burger in a Bread Roll | | | Y | | | | | | | | | | | | | | | Burger and Roll | |
| | | Vegetarian burger in a Bread Roll | Y | | Y | | | | | | | | | | | | | | | | Burger and Roll |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | | [1]. See Above |
| | | Yogurt Sponge Cake | Y | Y | Y | | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | Y | | | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | | | |
| Thursday | 01/10/2020 | Sausages and Yorkshre Puddings and Seperate Gravy | | | Y | | | | | | | | | | | | | | | | |
| | | Vegetarian Sausages and Yorkshre Puddings and Seperate Gravy | Y | | Y | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | | [1]. See Above |
| | | Coco Brownies | | | Y | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | Y | | | | | | | | | | | | | | | | |
| | | Peas | | | | | | | | | | | | | | | | | | | |
| Friday | 02/10/2020 | Jumbo Fish Finger | | Y | Y | Y | | Y | | | | | | | | | | | | | |
| | | Cheese and Tomato Pizza | | Y | Y | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | | [1]. See Above |
| | | Shortbread | Y | | Y | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | | |
| | | Herby Diced Potatoes | | | Y | | | | | | | | | | | | | | | | |
| | | Baby Carrots and Cauliflower | | | | | | | | | | | | | | | | | | | |

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| | | | | | | | | | | | | | | | | | | | | |
| Monday | 05/10/2020 | Roast Chicken and Seperate Gravy | | | | | | | | | | | | | | | | | | |
| | | Quorn Roast and Seperate Gravy | Y | | Y | | Y | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Fruit Jelly | | | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Roast Potatoes | | | | | | | | | | | | | | | | | | |
| | | Peas and Carrots | | | | | | | | | | | | | | | | | | |
| Tuesday | 06/10/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | Y | Y | | | | | | | | | | | | | | Milk - Meatballs only | |
| | | Falafals in a Tomato Sauce and Garlic Bread | Y | | Y | | Y | Y | | | Y | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Banana and Choc Chip Sponge | Y | | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Pasta | | Y | | | | | | | | | | | | | | | | |
| | | Sweetcorn and Extra Salad | | | | | | | | | | | | | | | | | | |
| Wednesday | 07/10/2020 | Sausage Roll | Y | Y | Y | | | | | | | | | | | | | | Milk/Egg - Yorkshires only | |
| | | Cheese and Onion Roll | Y | | Y | | Y | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Swiss Roll | | | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | Y | | | | | | | | | | | | | | | |
| | | Sweetcorn and Diced Carrots | | | | | | | | | | | | | | | | | | |
| Thursday | 08/10/2020 | Chicken Goujons | | Y | Y | | | | | | | | | | | | | | | |
| | | Quorn Dippers | | Y | Y | | Y | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Oat Flapjacks | Y | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | Y | | | | | | | | | | | | | | | |
| | | Baked Bean | | | | | | | | | | | | | | | | | | |
| Friday | 09/10/2020 | Fish Star Cakes | | Y | Y | Y | | | | | | | | | | | | | | |
| | | Cheese and Tomato Pizza | | Y | Y | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | | Y | | Y | | | | | | | | | | | [1]. See Above |
| | | Coco Brownies | Y | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Oven chips | | | Y | | | | | | | | | | | | | | | |
| | | Mixed Vegetables | | | | | | | | | | | | | | | | | | |

Signed: Mark Lessimore on behalf of Black Pepper School Lunches

Black Pepper School Meals - Allergies Notes

Ver. 29-06-2020 10:06

[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

[2] Nuts - (Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts)

[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

| Day | Date | Menu | Eggs | Milk | Cereals containing | Fish | Soybean | Mustard | Sesame | Lupin | Celery (and celeriac) | Sulphur Dioxide | Peanuts | Nuts [2] | Molluscs [3] | Crustaceans [4] | Notes | | |
|-----------|------------|---|------|------|--------------------|------|---------|---------|--------|-------|-----------------------|-----------------|---------|----------|--------------|-----------------|-----------------------|----------------|--|
| | | | | | | | | | | | | | | | | | | | |
| Monday | 12/10/2020 | Hot Dogs | | | | | | | | | | | | | | | | | |
| | | Vegetarian Hot Dog | | Y | | | Y | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Jam Tarts | Y | Y | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | |
| Tuesday | 13/10/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | Y | | | | | | | | |
| | | Falafels in a Tomato Sauce with Garlic Bread | Y | | Y | | Y | | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Chocolate and Orange Sponge | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Pasta | | | | | | | | | | | | | | | | | |
| | | Peas and Extra Salad | | | | | | | | | | | | | | | | | |
| Wednesday | 14/10/2020 | Lamb Grills | | Y | Y | | | | | | | | | | | | Naan Only | | |
| | | Vegetable Burger | | | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Oat Flapjacks | Y | | Y | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | | | | | | | | | | | | | | | |
| | | Peas and Sweetcorn | | | | | | | | | | | | | | | | | |
| Thursday | 15/10/2020 | Chicken Curry with Naan Bread | | Y | Y | | | | | | | | | | | | Milk - Meatballs only | | |
| | | Vegetable Curry | | Y | Y | | | Y | | | Y | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Coco Brownies | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | |
| Friday | 16/10/2020 | Crumb Coated Cod Whole Fish Fillets | | | Y | Y | | | | | | | | | | | | | |
| | | Cauliflower Cheese Grills | | Y | Y | | | Y | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | |
| | | Apple Crumble and Cream | Y | | Y | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | |
| | | Chunky Oven Chips | | | | | | | | | | | | | | | | | |
| | | Mixed Vegetables | | | | | | | | | | | | | | | | | |

Signed: Mark Lessimore on behalf of Black Pepper School Lunches

Black Pepper School Meals - Allergies Notes

Ver. 29-06-2020 10:06

[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

[2] Nuts - (Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts)

[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

| Day | Date | Menu | Eggs | Milk | Cereals containing | Fish | Soybean | Mustard | Sesame | Lupin | Celery (and celeriac) | Sulphur Dioxide | Peanuts | Nuts [2] | Molluscs [3] | Crustaceans [4] | Notes | | | |
|-----------|------------|---|------|------|--------------------|------|---------|---------|--------|-------|-----------------------|-----------------|---------|----------|--------------|-----------------|-------|-------------------|-------------------|-----------------|
| | | | | | | | | | | | | | | | | | | | | |
| Monday | 19/10/2020 | Battered Chicken Steak | | Y | Y | | | | | | Y | | | | | | | | | |
| | | Vegetarian Fingers | | | Y | | | Y | | | Y | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | [1]. See Above | | |
| | | Fruit Jelly | | | | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | White and Brown Rice | | | | | | | | | | | | | | | | | | |
| | | Peas and Sweetcorn | | | | | | | | | | | | | | | | | | |
| Tuesday | 20/10/2020 | Meatballs in a Tomato and Basil Sauce with Garlic Bread | | | Y | | | | | | | | | | | | | Garlic Bread Only | | |
| | | Ravioli Roasted Root Vegetables with Garlic Bread | | | Y | | | | | | | | | | | | | | Garlic Bread Only | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | [1]. See Above | |
| | | Coco Sponge and Custard Piping | Y | | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Pasta Twist | | | Y | | | | | | | | | | | | | | | |
| | | Vegetables included in Main | | | | | | | | | | | | | | | | | | |
| Wednesday | 21/10/2020 | Healthy option Beef Burger in a Bread Roll | | | Y | | | | | | | | | | | | | | Burger and Roll | |
| | | Vegetarian burger in a Bread Roll | Y | | Y | | | | | | | | | | | | | | | Burger and Roll |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | [1]. See Above |
| | | Yogurt Sponge Cake | Y | Y | Y | | | | | | | | | | | | | | | |
| | | Fruit Salad | | | | | | | | | | | | | | | | | | |
| | | Oven Baked Wedges | | | Y | | | | | | | | | | | | | | | |
| | | Baked Beans | | | | | | | | | | | | | | | | | | |
| Thursday | 22/10/2020 | Sausages and Yorkshire Puddings and Seperate Gravy | | | Y | | | | | | | | | | | | | | | |
| | | Vegetarian Sausages and Yorkshire Puddings and Seperate Gravy | Y | | Y | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | [1]. See Above |
| | | Coco Brownies | | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Mash Potato | | | Y | | | | | | | | | | | | | | | |
| | | Peas | | | | | | | | | | | | | | | | | | |
| Friday | 23/10/2020 | Jumbo Fish Finger | | Y | Y | Y | | Y | | | | | | | | | | | | |
| | | Cheese and Tomato Pizza | | Y | Y | | | | | | | | | | | | | | | |
| | | Jacket Potatoes with (Cheese Beans or Tuna Mayo) | Y | Y | | Y | | Y | | | | | | | | | | | | [1]. See Above |
| | | Shortbread | Y | | Y | | | | | | | | | | | | | | | |
| | | Fresh Fruit | | | | | | | | | | | | | | | | | | |
| | | Herby Diced Potatoes | | | Y | | | | | | | | | | | | | | | |
| | | Baby Carrots and Cauliflower | | | | | | | | | | | | | | | | | | |

Signed: Mark Lessimore on behalf of Black Pepper School Lunches

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