

Black Pepper School Meals - Allergies Notes

Ver. 24-01-2020 12:09

[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

[2] Nuts - (Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts)

[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes			
Monday	06/01/2020	Red Tractor Roast Turkey																		
		Cauliflower and Broccoli Cheese		Y																
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Jam Tarts	Y	Y	Y															
		Fresh Fruit																		
		Oven Roast Potatoes																		
		Peas and Carrots																		
Tuesday	07/01/2020	Hot Dogs			Y						Y									
		Vegetarian Hot Dog	Y		Y		Y				Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Chocolate and Orange Sponge	Y		Y															
		Fruit Salad																		
		Oven Baked Wedges																		
		Baked Beans																		
Wednesday	08/01/2020	Chicken Curry with Naan Bread		Y	Y														Naan Only	
		Vegetable Curry																		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Coco Brownies	Y		Y															
		Fruit Salad																		
		White and Brown Rice																		
		Baked Beans																		
Thursday	09/01/2020	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y														Milk - Meatballs only	
		Ravioli Roasted Root Vegetables with Garlic Bread		Y	Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla and Chocolate Marble Cake	Y		Y															
		Fresh Fruit																		
		Pasta																		
		Peas and Extra Salad																		
Friday	10/01/2020	Crumb Coated Cod Whole Fish Fillets			Y	Y														
		Cauliflower Cheese Grills		Y	Y			Y												
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla Sponge with Jam Piping	Y		Y															
		Fresh Fruit																		
		Chunky Oven Chips																		
		Mixed Vegetables																		

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[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes			
Monday	13/01/2020	Battered Chicken Steak		Y	Y						Y									
		Vegetarian Fingers			Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Fruit Jelly																		
		Fresh Fruit																		
		White and Brown Rice																		
		Peas and Sweetcorn																		
Tuesday	14/01/2020	Diced Ham in a Tomato Sauce with Garlic Bread			Y													Garlic Bread Only		
		Vegetarian Meatballs, in a Tomato Sauce with Garlic Bread			Y													Garlic Bread Only		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla Sponge with Chocolate Piping	Y		Y															
		Fruit Salad																		
		Pasta Twist			Y															
		Vegetables included in Main																		
Wednesday	15/01/2020	Healthy option Beef Burger in a Bread Roll			Y													Burger and Roll		
		Vegetarian burger in a Bread Roll	Y		Y													Burger and Roll		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Oat Flapjacks	Y	Y	Y															
		Fruit Salad																		
		Oven Baked Wedges			Y															
		Baked Beans																		
Thursday	16/01/2020	Sausages Wrapped in Bacon			Y															
		Quorn Sausages	Y		Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Swiss Roll			Y															
		Fresh Fruit																		
		Mash Potato			Y															
		Peas																		
Friday	17/01/2020	Jumbo Fish Finger		Y	Y	Y		Y												
		Cheese and Tomato Pizza		Y	Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Coco Brownies	Y		Y															
		Fresh Fruit																		
		Herby Diced Potatoes			Y															
Baby Carrots and Cauliflower																				

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Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes		
Monday	20/01/2020	Chargrill Chicken and BBQ Sauce																	
		Quorn Dippers Bites	Y		Y														
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Fruit Jelly																	
		Fresh Fruit																	
		White and Brown Rice																	
		Peas and Carrots																	
Tuesday	21/01/2020	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y													Milk - Meatballs only	
		Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Y		Y		Y	Y			Y								
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Chocolate and Strawberry Marble Sponge	Y		Y														
		Fruit Salad																	
		Pasta		Y															
		Sweetcorn and Extra Salad																	
Wednesday	22/01/2020	Sausages , Yorkshire Pudding and Separate Gravy	Y	Y	Y													Milk/Egg - Yorkshires only	
		Vegetarian Roast, Separate Gravy	Y		Y														
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Oat Flapjacks			Y														
		Fruit Salad																	
		Mash Potato			Y														
		Sweetcorn and Diced Carrots																	
Thursday	23/01/2020	Chicken Grills		Y	Y														
		Vegetarian Grill		Y	Y		Y												
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Coco Brownies	Y		Y														
		Fresh Fruit																	
		Oven Baked Wedges			Y														
		Peas and Baby Carrots																	
Friday	24/01/2020	Fish Star Cakes			Y	Y													
		Cheese and Tomato Pizza		Y	Y														
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Vanilla Sponge with Apple and Custard Piping	Y		Y														
		Fresh Fruit																	
		Oven chips																	
		Mixed Vegetables																	

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Monday	27/01/2020	Red Tractor Roast Turkey																		
		Cauliflower and Broccoli Cheese		Y																
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Jam Tarts	Y	Y	Y															
		Fresh Fruit																		
		Oven Roast Potatoes																		
		Peas and Carrots																		
Tuesday	28/01/2020	Hot Dogs			Y						Y									
		Vegetarian Hot Dog	Y		Y		Y				Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Chocolate and Orange Sponge	Y		Y															
		Fruit Salad																		
		Oven Baked Wedges																		
		Baked Beans																		
Wednesday	29/01/2020	Chicken Curry with Naan Bread		Y	Y													Naan Only		
		Vegetable Curry																		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Coco Brownies	Y		Y															
		Fruit Salad																		
		White and Brown Rice																		
		Vegetables included in Main																		
Thursday	30/01/2020	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y													Milk - Meatballs only		
		Ravioli Roasted Root Vegetables with Garlic Bread		Y	Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla and Chocolate Marble Cake	Y		Y															
		Fresh Fruit																		
		Pasta																		
		Peas and Extra Salad																		
Friday	31/01/2020	Crumb Coated Cod Whole Fish Fillets			Y	Y														
		Cauliflower Cheese Grills		Y	Y			Y												
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla Sponge with Jam Piping	Y		Y															
		Fresh Fruit																		
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Monday	03/02/2020	Battered Chicken Steak		Y	Y						Y									
		Vegetarian Fingers			Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Fruit Jelly																		
		Fresh Fruit																		
		White and Brown Rice																		
		Peas and Sweetcorn																		
Tuesday	04/02/2020	Diced Ham in a Tomato Sauce with Garlic Bread			Y													Garlic Bread Only		
		Vegetarian Meatballs, in a Tomato Sauce with Garlic Bread			Y													Garlic Bread Only		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla Sponge with Chocolate Piping	Y		Y															
		Fruit Salad																		
		Pasta Twist			Y															
		Vegetables included in Main																		
Wednesday	05/02/2020	Healthy option Beef Burger in a Bread Roll			Y													Burger and Roll		
		Vegetarian burger in a Bread Roll	Y		Y													Burger and Roll		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Oat Flapjacks	Y	Y	Y															
		Fruit Salad																		
		Oven Baked Wedges			Y															
		Baked Beans																		
Thursday	06/02/2020	Sausages Wrapped in Bacon			Y															
		Quorn Sausages	Y		Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Swiss Roll			Y															
		Fresh Fruit																		
		Mash Potato			Y															
		Peas																		
Friday	07/02/2020	Jumbo Fish Finger		Y	Y	Y		Y												
		Cheese and Tomato Pizza		Y	Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Coco Brownies	Y		Y															
		Fresh Fruit																		
		Herby Diced Potatoes			Y															
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Monday	10/02/2020	Chargrill Chicken and BBQ Sauce																		
		Quorn Dippers Bites	Y		Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y										[1]. See Above	
		Fruit Jelly																		
		Fresh Fruit																		
		White and Brown Rice																		
		Peas and Carrots																		
Tuesday	11/02/2020	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y														Milk - Meatballs only	
		Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Y		Y		Y	Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Chocolate and Strawberry Marble Sponge	Y		Y															
		Fruit Salad																		
		Pasta		Y																
		Sweetcorn and Extra Salad																		
Wednesday	12/02/2020	Sausages , Yorkshire Pudding and Separate Gravy	Y	Y	Y														Milk/Egg - Yorkshires only	
		Vegetarian Roast, Separate Gravy	Y		Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Oat Flapjacks			Y															
		Fruit Salad																		
		Mash Potato			Y															
		Sweetcorn and Diced Carrots																		
Thursday	13/02/2020	Chicken Grills		Y	Y															
		Vegetarian Grill		Y	Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Coco Brownies	Y		Y															
		Fresh Fruit																		
		Oven Baked Wedges			Y															
		Peas and Baby Carrots																		
Friday	14/02/2020	Fish Star Cakes			Y	Y														
		Cheese and Tomato Pizza		Y	Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Vanilla Sponge with Apple and Custard Piping	Y		Y															
		Fresh Fruit																		
		Oven chips			Y															
		Mixed Vegetables																		

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