

Black Pepper School Meals - Allergies Notes

Ver. 24-10-2019 12:48

[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

[2] Nuts - (Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts)

[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes			
Monday	04/11/2019	Red Tractor Roast Turkey																		
		Cauliflower and Broccoli Cheese		Y																
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Jam Tarts	Y	Y	Y															
		Fresh Fruit																		
		Oven Roast Potatoes																		
		Peas and Carrots																		
Tuesday	05/11/2019	Hot Dogs			Y						Y									
		Vegetarian Hot Dog	Y		Y		Y				Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Chocolate and Orange Sponge	Y		Y															
		Fruit Salad																		
		Oven Baked Wedges																		
		Baked Beans																		
Wednesday	06/11/2019	Chicken Curry with Naan Bread		Y	Y													Naan Only		
		Vegetable Ratatouille																		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Coco Brownies	Y		Y															
		Fruit Salad																		
		White and Brown Rice																		
		Baked Beans																		
Thursday	07/11/2019	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y													Milk - Meatballs only		
		Ravioli Roasted Root Vegetables with Garlic Bread		Y	Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla and Chocolate Marble Cake	Y		Y															
		Fresh Fruit																		
		Pasta																		
		Peas and Extra Salad																		
Friday	08/11/2019	Crumb Coated Cod Whole Fish Fillets			Y	Y														
		Cauliflower Cheese Grills		Y	Y			Y												
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Vanilla Sponge with Jam Piping	Y		Y															
		Fresh Fruit																		
		Chunky Oven Chips																		
		Mixed Vegetables																		

Signed: Mark Lessimore on behalf of Black Pepper School Lunches

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

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[3] Molluscs (Clams, Snails, Mussels, Welks, Oysters and Squid)

[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes				
Monday	11/11/2019	Battered Chicken Steak		Y	Y						Y										
		Vegetarian Fingers			Y			Y			Y										
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above		
		Fruit Jelly																			
		Fresh Fruit																			
		White and Brown Rice																			
		Peas and Sweetcorn																			
Tuesday	12/11/2019	Spaghetti Bolognese			Y														Garlic Bread Only		
		Vegetarian Spaghetti Bolognese			Y															Garlic Bread Only	
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above	
		Vanilla Sponge with Chocolate Piping	Y		Y																
		Fruit Salad																			
		Pasta Twist			Y																
		Vegetables included in Main																			
Wednesday	13/11/2019	Healthy option Beef Burger in a Bread Roll			Y															Burger and Roll	
		Vegetarian burger in a Bread Roll	Y		Y																Burger and Roll
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y													[1]. See Above
		Swiss Roll	Y	Y	Y																
		Fruit Salad																			
		Oven Baked Wedges			Y																
		Baked Beans																			
Thursday	14/11/2019	Sausages Wrapped in Bacon			Y																
		Quorn Sausages	Y		Y																
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y													[1]. See Above
		Oat Flapjacks			Y																
		Fresh Fruit																			
		Mash Potato			Y																
		Peas																			
Friday	15/11/2019	Jumbo Fish Finger		Y	Y	Y		Y													
		Cheese and Tomato Pizza		Y	Y																
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y													[1]. See Above
		Coco Brownies	Y		Y																
		Fresh Fruit																			
		Herby Diced Potatoes			Y																
Baby Carrots and Cauliflower																					

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Tuna/Sweetcorn and Mayo - Egg

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[4] Crustaceans (Prawns, Crabs, Lobster and Crayfish), [5] Bread Rolls contain Gluten and Milk

Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes			
Monday	18/11/2019	Chargrill Chicken and BBQ Sauce																		
		Quorn Dippers Bites	Y		Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Fruit Jelly																		
		Fresh Fruit																		
		White and Brown Rice																		
		Peas and Carrots																		
Tuesday	19/11/2019	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y														Milk - Meatballs only	
		Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Y		Y		Y	Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Chocolate and Strawberry Marble Sponge	Y		Y															
		Fruit Salad																		
		Pasta		Y																
		Sweetcorn and Extra Salad																		
Wednesday	20/11/2019	Sausages , Yorkshire Pudding and Separate Gravy	Y	Y	Y														Milk/Egg - Yorkshires only	
		Vegetarian Roast, Separate Gravy	Y		Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Oat Flapjacks			Y															
		Fruit Salad																		
		Mash Potato			Y															
		Sweetcorn and Diced Carrots																		
Thursday	21/11/2019	Chicken Grills		Y	Y															
		Vegetarian Grill		Y	Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Coco Brownies	Y		Y															
		Fresh Fruit																		
		Oven Baked Wedges			Y															
		Peas and Baby Carrots																		
Friday	22/11/2019	Fish Star Cakes		Y	Y	Y														
		Cheese and Tomato Pizza		Y	Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Vanilla Sponge with Apple and Custard Piping	Y		Y															
		Fresh Fruit																		
		Oven chips																		
Mixed Vegetables																				

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Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes		
Monday	25/11/2019	Red Tractor Roast Turkey																	
		Cauliflower and Broccoli Cheese		Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Jam Tarts	Y	Y	Y														
		Fresh Fruit																	
		Oven Roast Potatoes																	
		Peas and Carrots																	
Tuesday	26/11/2019	Hot Dogs			Y						Y								
		Vegetarian Hot Dog	Y		Y		Y				Y								
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Chocolate and Orange Sponge	Y		Y														
		Fruit Salad																	
		Oven Baked Wedges																	
		Baked Beans																	
Wednesday	27/11/2019	Chicken Curry with Naan Bread		Y	Y													Naan Only	
		Vegetable Ratatouille																	
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Coco Brownies	Y		Y														
		Fruit Salad																	
		White and Brown Rice																	
		Vegetables included in Main																	
Thursday	28/11/2019	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y													Milk - Meatballs only	
		Ravioli Roasted Root Vegetables with Garlic Bread		Y	Y			Y			Y								
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Vanilla and Chocolate Marble Cake	Y		Y														
		Fresh Fruit																	
		Pasta																	
		Peas and Extra Salad																	
Friday	29/11/2019	Crumb Coated Cod Whole Fish Fillets			Y	Y													
		Cauliflower Cheese Grills		Y	Y			Y											
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Vanilla Sponge with Jam Piping	Y		Y														
		Fresh Fruit																	
		Chunky Oven Chips																	
		Mixed Vegetables																	

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Monday	02/12/2019	Battered Chicken Steak		Y	Y						Y								
		Vegetarian Fingers			Y			Y			Y								
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y										[1]. See Above	
		Fruit Jelly																	
		Fresh Fruit																	
		White and Brown Rice																	
		Peas and Sweetcorn																	
Tuesday	03/12/2019	Spaghetti Bolognese			Y													Garlic Bread Only	
		Vegetarian Spaghetti Bolognese			Y														Garlic Bread Only
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Vanilla Sponge with Chocolate Piping	Y		Y														
		Fruit Salad																	
		Pasta Twist			Y														
		Vegetables included in Main																	
Wednesday	04/12/2019	Healthy option Beef Burger in a Bread Roll			Y													Burger and Roll	
		Vegetarian burger in a Bread Roll	Y		Y														Burger and Roll
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Swiss Roll	Y	Y	Y														
		Fruit Salad																	
		Oven Baked Wedges			Y														
		Baked Beans																	
Thursday	05/12/2019	Sausages Wrapped in Bacon			Y														
		Quorn Sausages	Y		Y														
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Oat Flapjacks			Y														
		Fresh Fruit																	
		Mash Potato			Y														
		Peas																	
Friday	06/12/2019	Jumbo Fish Finger		Y	Y	Y		Y											
		Cheese and Tomato Pizza		Y	Y														
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above
		Coco Brownies	Y		Y														
		Fresh Fruit																	
		Herby Diced Potatoes			Y														
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Day	Date	Menu	Eggs	Milk	Cereals containing	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes			
Monday	09/12/2019	Chargrill Chicken and BBQ Sauce																		
		Quorn Dippers Bites	Y		Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y										[1]. See Above	
		Fruit Jelly																		
		Fresh Fruit																		
		White and Brown Rice																		
		Peas and Carrots																		
Tuesday	10/12/2019	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y														Milk - Meatballs only	
		Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Y		Y		Y	Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Chocolate and Strawberry Marble Sponge	Y		Y															
		Fruit Salad																		
		Pasta		Y																
		Sweetcorn and Extra Salad																		
Wednesday	11/12/2019	Sausages , Yorkshire Pudding and Separate Gravy	Y	Y	Y														Milk/Egg - Yorkshires only	
		Vegetarian Roast, Separate Gravy	Y		Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Oat Flapjacks			Y															
		Fruit Salad																		
		Mash Potato			Y															
		Sweetcorn and Diced Carrots																		
Thursday	12/12/2019	Chicken Grills		Y	Y															
		Vegetarian Grill		Y	Y		Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Coco Brownies	Y		Y															
		Fresh Fruit																		
		Oven Baked Wedges			Y															
		Peas and Baby Carrots																		
Friday	13/12/2019	Fish Star Cakes		Y	Y	Y														
		Cheese and Tomato Pizza		Y	Y															
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y			Y		Y											[1]. See Above
		Vanilla Sponge with Apple and Custard Piping	Y		Y															
		Fresh Fruit																		
		Oven chips			Y															
		Mixed Vegetables																		

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Monday	16/12/2019	Red Tractor Roast Turkey																		
		Cauliflower and Broccoli Cheese		Y			Y													
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above	
		Jam Tarts	Y	Y	Y															
		Fresh Fruit																		
		Oven Roast Potatoes																		
		Peas and Carrots																		
Tuesday	17/12/2019	Hot Dogs			Y						Y									
		Vegetarian Hot Dog	Y		Y		Y				Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Chocolate and Orange Sponge	Y		Y															
		Fruit Salad																		
		Oven Baked Wedges																		
		Baked Beans																		
Wednesday	18/12/2019	Chicken Curry with Naan Bread		Y	Y														Naan Only	
		Vegetable Ratatouille																		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Coco Brownies	Y		Y															
		Fruit Salad																		
		White and Brown Rice																		
		Vegetables included in Main																		
Thursday	19/12/2019	Meatballs in a Tomato and Basil Sauce with Garlic Bread		Y	Y														Milk - Meatballs only	
		Ravioli Roasted Root Vegetables with Garlic Bread		Y	Y			Y			Y									
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Vanilla and Chocolate Marble Cake	Y		Y															
		Fresh Fruit																		
		Pasta																		
		Peas and Extra Salad																		
Friday	20/12/2019	Crumb Coated Cod Whole Fish Fillets			Y	Y														
		Cauliflower Cheese Grills		Y	Y			Y												
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above
		Vanilla Sponge with Jam Piping	Y		Y															
		Fresh Fruit																		
		Chunky Oven Chips																		
Mixed Vegetables																				

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Monday	23/12/2019	Battered Chicken Steak		Y	Y						Y											
		Vegetarian Fingers			Y			Y			Y											
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y											[1]. See Above			
		Fruit Jelly																				
		Fresh Fruit																				
		White and Brown Rice																				
		Peas and Sweetcorn																				
Tuesday	24/12/2019	Spaghetti Bolognese			Y														Garlic Bread Only			
		Vegetarian Spaghetti Bolognese			Y															Garlic Bread Only		
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y												[1]. See Above		
		Vanilla Sponge with Chocolate Piping	Y		Y																	
		Fruit Salad																				
		Pasta Twist			Y																	
		Vegetables included in Main																				
Wednesday	25/12/2019	Healthy option Beef Burger in a Bread Roll			Y															Burger and Roll		
		Vegetarian burger in a Bread Roll	Y		Y																Burger and Roll	
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y													[1]. See Above	
		Swiss Roll	Y	Y	Y																	
		Fruit Salad																				
		Oven Baked Wedges			Y																	
		Baked Beans																				
Thursday	26/12/2019	Sausages Wrapped in Bacon			Y																	
		Quorn Sausages	Y		Y																	
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y														[1]. See Above
		Oat Flapjacks			Y																	
		Fresh Fruit																				
		Mash Potato			Y																	
		Peas																				
Friday	27/12/2019	Jumbo Fish Finger		Y	Y	Y		Y														
		Cheese and Tomato Pizza		Y	Y																	
		Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Y	Y		Y		Y														[1]. See Above
		Coco Brownies	Y		Y																	
		Fresh Fruit																				
		Herby Diced Potatoes			Y																	
Baby Carrots and Cauliflower																						

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