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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

 $\hbox{\cite{thm-picture} 12] Nuts-(Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew \& Macadamia (Queensland) nuts)}\\$ 

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
Ιľ			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
			Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Υ		Υ						Υ						
	>	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	02/09/2019	Jam Tart	Υ	Υ	Υ												
	Š	05/0	Fresh Fruit															
			Pasta			Υ												
			Sweetcorn and Peas															
			Chicken Curry with Naan Bread		Υ				Υ									Naans Only
			Vegetarian Chilli	Υ		Υ		Υ	Υ			Υ						
	_	19	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Tuesday	03/09/2019	Jam and Coconut Sponge	Υ		Υ												
	μ	03/0	Fruit Salad															
			White and Brown Rice															
			Vegetables included in Main															
1			Roast Chicken, Separate Gravy															
Week 1			Vegetarian Roast, Separate Gravy					Υ										
	day	019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Wednesday	04/09/2019	Coco Brownies	Υ		Υ												
	We	04/(	Fruit Salad															
			Mash Potato															
			Vegetables included in Main															
			Healthy option Beef Burger in a Bread Roll			Υ												Roll and Burger only
			Vegetarian burger in a Bread Roll			Υ		Υ	Υ			Υ						
	ау	019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Thursd	09/2	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)  Vanilla and Strawberry Marble Cake  Fresh Fruit	Υ		Υ												
	⊨	05/	Fresh Fruit															
			Potato Wedges			Υ												
			Baked Beans															
			Crumb Coated Cod Whole Fish Fillets			Υ	Υ		Υ									
			Cauliflower Cheese Grills		Υ	Υ			Υ									
		319	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Friday	06/09/2019	Chocolate and Cherry Marble Sponge	Υ	Υ	Υ												
	۱	)/90	Fresh Fruit															
			Chunky Oven Chips															
Ш			Mixed Vegetables															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

 $[2] \ Nuts-(\ Almonds,\ Hazelnuts,\ Walnuts,\ Pecan\ nuts,\ Brazil\ nuts,\ Pistachio,\ Cashew\ \&\ Macadamia\ (Queensland)\ nuts\ )$ 

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
			Red Tractor Roast Turkey															
			Cauliflower and Broccoli Cheese		Υ				Υ									
	ڃ	019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
-	Monday	09/09/2019	Fruit Jelly															
	≥	/60	Fresh Fruit															
			Oven Roast Potatoes															
			Whole Green Beans and Sweetcorn															
Ιſ			Battered Chicken Steak			Υ		П	Υ									
		Ì	Vegetarian Fingers			Υ		Υ	Υ									
	_	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
-	l uesday	10/09/2019	Oat Flapjacks			Υ												
١	2	10/0	Fruit Salad															
		Ì	White and Brown Rice															
			Peas and Sweetcorn															
2			Sausages Wrapped in Bacon			Υ												
Week 2		Ì	Quorn Sausages	Υ		Υ												
	ay	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
l I.	wednesday	11/09/2019	Swiss Roll	Υ	Υ	Υ												
:	We	11/0	Fruit Salad															
		l	Mash Potato															
			Baked Beans															
			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
		Ì	Ravioli Roasted Root Vegetables with Garlic Bread	Υ		Υ												
	day	2019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
-	ınursas	9/20	Chocolate and Mango Sponge	Υ		Υ												
ī	=	12/0	Chocolate and Mango Sponge Fresh Fruit															
		ľ	Pasta			Υ												
			Peas and Extra Salad															
F	Ŧ		Jumbo Fish Finger		Υ	Υ	Υ		Υ									
		ŀ	Cheese and Tomato Pizza		Υ	Υ												
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
:	Friday	13/09/2019	Coco Brownies	Υ		Υ		П										
\ \ \	٦	13/0	Fresh Fruit															
		Ì	Herby Diced Potatoes			Υ												
			Baby Carrots and Cauliflower															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

[2] Nuts - ( Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts )

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

č	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
	T		Chargrill Chicken and BBQ Sauce															
		Ì	Quorn Dippers Bites	Υ	Υ	Υ												
	_	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	16/09/2019	Fruit Jelly															
	≥	16/0	Fresh Fruit															
		Ì	White and Brown Rice			Υ												
			Peas and Carrots															
lF			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ							Υ					
		Ì	Vegetarian Meatballs in a Tomato Sauce and Garlic Bread		Υ			Υ	Υ			Υ						
		19	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	ı uesday	17/09/2019	Chocolate and Banana Marble Sponge	Υ	Υ	Υ												Custard - Milk
Ė	Ď	17/0	Fruit Salad															
		Ì	Pasta															
		Ì	Sweetcorn and Extra Salad															
			Hot Dogs		Υ	Υ												
Week 3		ŀ	Vegetarian Hot Dog		Υ	Υ												
	g	- 1	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	weanesaay	20	Oat Flapjacks			Υ												Cookie Day Only
	wea	18/0	Fruit Salad															
		Ì	Oven Baked Wedges			Υ												
		Ì	Baked Beans															
	7		Hand Made Beef Pasty		Υ	Υ												Naan Only
		ŀ	Vegetarian Grill		•	Υ												Nann Only
			Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	ınursday	20		Υ		Υ												
F	2	19/0	Coco Brownies Fresh Fruit															
		ľ	Mash Potato															
		Ì	Peas and Baby Carrots															
lF			Crumb Coated Cod Whole Fish Fillets			Υ	Υ		Υ									
		ŀ	Cheese and Tomato Pizza		Υ	Y	Ė											
		ŀ	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	rriday	9/20	Chocolate and Custard Sponge	Υ	•	Υ												[=]
	=	9	Fresh Fruit															
		ŀ	Oven chips															
			Mixed Vegetables															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

 $[2] \ Nuts-(Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew \& Macadamia (Queensland) nuts) \\$ 

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
			Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Υ		Υ						Υ						
	≥	019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	23/09/2019	Jam Tart	Υ	Υ	Υ												
	Σ	23/(	Fresh Fruit															
			Pasta			Υ												
			Sweetcorn and Peas															
lľ			Chicken Curry with Naan Bread		Υ				Υ									Naans Only
			Vegetarian Chilli	Υ		Υ		Υ	Υ			Υ						
	>	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Tuesday	24/09/2019	Jam and Coconut Sponge	Υ		Υ												
	Δ	24/0	Fruit Salad															
			White and Brown Rice															
			Vegetables included in Main															
			Roast Chicken, Separate Gravy															
Week 1			Vegetarian Roast, Separate Gravy					Υ										
	lay	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Wednesday	25/09/2019	Coco Brownies	Υ		Υ												
	Wed	25/0	Fruit Salad															
			Mash Potato															
			Sweetcorn and Diced Carrots															
ľ			Healthy option Beef Burger in a Bread Roll			Υ												Roll and Burger only
			Vegetarian burger in a Bread Roll			Υ		Υ	Υ			Υ						
	day	2019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Thursda	09/20	Vanilla and Strawberry Marble Cake	Υ		Υ												
	님	26/0	Vanilla and Strawberry Marble Cake Fresh Fruit															
			Potato Wedges			Υ												
			Baked Beans															
			Crumb Coated Cod Whole Fish Fillets			Υ	Υ		Υ									
			Cauliflower Cheese Grills		Υ	Υ			Υ									
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Friday	27/09/2019	Chocolate and Cherry Marble Sponge	Υ	Υ	Υ												
	۲	27/(	Fresh Fruit															
			Chunky Oven Chips															
			Mixed Vegetables															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

 $[2] \ Nuts-(\ Almonds,\ Hazelnuts,\ Walnuts,\ Pecan\ nuts,\ Brazil\ nuts,\ Pistachio,\ Cashew\ \&\ Macadamia\ (Queensland)\ nuts\ )$ 

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
			Red Tractor Roast Turkey															
			Cauliflower and Broccoli Cheese		Υ				Υ									
	≥	010	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	30/09/2019	Fruit Jelly															
	Σ∥	30/0	Fresh Fruit															
			Oven Roast Potatoes															
╽╽			Whole Green Beans and Sweetcorn															
П	┪		Battered Chicken Steak			Υ			Υ									
			Vegetarian Fingers			Υ		Υ	Υ									
	_	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Tuesday	01/10/2019	Oat Flapjacks			Υ												
	-	01/2	Fruit Salad															
			White and Brown Rice															
			Peas and Sweetcorn															
2			Sausages Wrapped in Bacon			Υ												
Week 2			Quorn Sausages	Υ		Υ												
	дау	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Wednesday	10/20	Jacket Potatoes with (Cheese, Beans or Tuna Mayo) Swiss Roll Fruit Salad	Υ	Υ	Υ												
	Ne.	02/:	Fruit Salad															
			Mash Potato															
			Baked Beans															
			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
			Ravioli Roasted Root Vegetables with Garlic Bread	Υ	Υ	Υ												
	day	2019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Thursda	10/20	Mini Doughnut	Υ	Υ	Υ		Υ										
l	[교	03/1	Mini Doughnut Fresh Fruit															
			Pasta			Υ												
			Peas and Extra Salad															
			Jumbo Fish Finger		Υ	Υ	Υ		Υ									
			Cheese and Tomato Pizza		Υ	Υ												
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Friday	.0/2C	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)  Coco Brownies  Fresh Fruit	Υ		Υ												
	ا "	04/1	Fresh Fruit															
			Herby Diced Potatoes			Υ												
			Baby Carrots and Cauliflower															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

[2] Nuts - ( Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts )

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

č	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
	T		Chargrill Chicken and BBQ Sauce															
		İ	Quorn Dippers Bites	Υ	Υ	Υ		Υ										
	<u>.</u>	0119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	07/10/2019	Fruit Jelly															
	≥   ·	02/	Fresh Fruit															
			White and Brown Rice			Υ												
lL			Peas and Carrots															
Ιſ	1		Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ							Υ					
		Ì	Vegetarian Meatballs in a Tomato Sauce and Garlic Bread		Υ			Υ	Υ			Υ						
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	uesaay	08/10/2019	Chocolate and Banana Marble Sponge	Υ	Υ	Υ												Custard - Milk
ŀ	2	08/1	Fruit Salad															
			Pasta															
		l	Sweetcorn and Extra Salad															
ا س	T		Hot Dogs		Υ	Υ												
Week 3		Ì	Vegetarian Hot Dog		Υ	Υ		Υ										
	ıay	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	wegnesday	10/50	Jacket Potatoes with (Cheese, Beans or Tuna Mayo) Oat Flapjacks Fruit Salad			Υ												Cookie Day Only
	Me	09/1	Fruit Salad															
		ľ	Oven Baked Wedges			Υ												
			Baked Beans															
lF	T		Hand Made Beef Pasty		Υ	Υ												Naan Only
		ľ	Vegetarian Grill			Υ		Υ										Nann Only
	<u>.</u>	2019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	ınursday	.0/20	Coco Brownies	Υ		Υ												
F	<u> </u>	10/1	Coco Brownies Fresh Fruit															
		ľ	Mash Potato															
		l	Peas and Baby Carrots															
F	Ŧ		Crumb Coated Cod Whole Fish Fillets			Υ	Υ	Ħ	Υ									
			Cheese and Tomato Pizza		Υ	Υ												
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
1	rriday	11/10/2019	Chocolate and Custard Sponge	Υ		Υ												
'	<b>-</b>	11/1	Fresh Fruit															
		Ì	Oven chips			Υ												
		ı	Mixed Vegetables															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

[2] Nuts - ( Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts )

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
			Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
			Vegetarian Meatballs in a Tomato Sauce and Garlic Bread	Υ		Υ		Υ				Υ						
	≥	010	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	14/10/2019	Jam Tart	Υ	Υ	Υ												
	≥	14/	Fresh Fruit															
			Pasta			Υ												
			Sweetcorn and Peas															
П	1		Chicken Curry with Naan Bread		Υ				Υ									Naans Only
			Vegetarian Chilli	Υ		Υ		Υ	Υ			Υ						
	>	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	l uesday	15/10/2019	Jam and Coconut Sponge	Υ		Υ												
	<u> </u>	15/1	Fruit Salad															
			White and Brown Rice															
			Vegetables included in Main															
			Roast Chicken, Separate Gravy															
Week 1			Vegetarian Roast, Separate Gravy					Υ										
	Jay	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Wednesday	16/10/2019	Coco Brownies	Υ		Υ												
	Wec	16/1	Fruit Salad															
			Mash Potato															
			Sweetcorn and Diced Carrots															
lt	1		Healthy option Beef Burger in a Bread Roll			Υ												Roll and Burger only
			Vegetarian burger in a Bread Roll			Υ		Υ	Υ			Υ						
	day	$\sim$	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Inursd	10/20	Vanilla and Strawberry Marble Cake Fresh Fruit	Υ		Υ												
i	ב	17/:	Fresh Fruit															
			Potato Wedges			Υ												
			Baked Beans															
	7		Crumb Coated Cod Whole Fish Fillets			Υ	Υ		Υ									
			Cauliflower Cheese Grills		Υ	Υ			Υ									
		019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
:	Friday	18/10/2019	Chocolate and Cherry Marble Sponge	Υ	Υ	Υ												
	^	18/:	Fresh Fruit															
			Chunky Oven Chips															
			Mixed Vegetables															

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[1]. Filling for JP's Baked Beans(V), Cheese(V) - Milk, Coleslaw and Mayo - Egg

[2] Nuts - ( Almonds, Hazelnuts, Walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew & Macadamia (Queensland) nuts )

[3] Molluscs ( Clams, Snails, Mussels, Welks, Oysters and Squid )

	Day	Date	Menu	Eggs	Milk	Cereals containing Gluten	Fish	Soybean	Mustard	Sesame	Lupin	Celery (and celeriac)	Sulphur Dioxide	Peanuts	Nuts [2]	Molluscs [3]	Crustaceans [4]	Notes
			Red Tractor Roast Turkey															
			Cauliflower and Broccoli Cheese		Υ				Υ									
	≥	010	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Monday	21/10/2019	Fruit Jelly															
	≥	21/:	Fresh Fruit															
			Oven Roast Potatoes															
			Whole Green Beans and Sweetcorn															
П			Battered Chicken Steak			Υ			Υ									
			Vegetarian Fingers			Υ		Υ	Υ									
	>	119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	l uesday	22/10/2019	Oat Flapjacks			Υ												
	_	22/:	Fruit Salad															
			White and Brown Rice															
			Peas and Sweetcorn															
2	1		Sausages Wrapped in Bacon			Υ												
Week 2			Quorn Sausages	Υ		Υ												
	дау	019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Wednesday	23/10/2019	Swiss Roll	Υ	Υ	Υ												
	Wei	23/:	Fruit Salad															
			Mash Potato															
			Baked Beans															
	1		Meatballs in a Tomato and Basil Sauce with Garlic Bread		Υ	Υ												
			Ravioli Roasted Root Vegetables with Garlic Bread	Υ	Υ	Υ												
	day	2019	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Ihursda	10/20	Chocolate and Mango Sponge Fresh Fruit	Υ	Υ	Υ		Υ										
l	_	24/:	Fresh Fruit															
			Pasta			Υ												
			Peas and Extra Salad															
F	T		Jumbo Fish Finger		Υ	Υ	Υ		Υ									
			Cheese and Tomato Pizza		Υ	Υ												
		119	Jacket Potatoes with (Cheese, Beans or Tuna Mayo)	Υ	Υ				Υ									[1]. See Above
	Friday	25/10/2019	Coco Brownies	Υ		Υ												
	_	25/1	Fresh Fruit															
			Herby Diced Potatoes			Υ												
			Baby Carrots and Cauliflower															