



Start 01/09/25



End 24/10/25

8

Black Pepper School Lunches

Malvern September/October 2025

	01/09/2025 22/09/2025 13/10/2025	02/09/2025 23/09/2025 14/10/2025	03/09/2025 24/09/2025 15/10/2025	04/09/2025 25/09/2025 16/10/2025	05/09/2025 26/09/2025 17/10/2025
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage Roll	Chicken Tikka Curry	Meatballs in a Tomato and Basil Sauce	Roast Chicken	Breaded Fish Stars
Option 2 (V)	Cheese and Onion Roll	Chickpea and Lentil Curry	Meatless Meatballs	Quorn Fillet	Cheesy Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna				
Side	Herby Potato Cubes	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges
Vegetables	Sweetcorn	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley
Dessert or	Cocoa Muffin	Homemade Brownie	Homemade Jam Sponge Piping Cake	Homemade Sticky Toffee Cake	Jelly and Cream
Yogurt or	Fruit Yogurt				
Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon
	08/09/2025 29/09/2025 20/10/2025	09/09/2025 30/09/2025 21/10/2025	10/09/2025 01/10/2025 22/10/2025	11/09/2025 02/10/2025 23/10/2025	12/09/2025 03/10/2025 24/10/2025
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage	Butter Chicken Curry	Meatballs in a Tomato and Basil Sauce	Roast Chicken	Breaded Pollock
Option 2 (V)	Quorn Sausage	Butter Quorn Curry	Meatless Meatballs	Quorn Fillet	Cheesy Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna				
Side	Potato Mash	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges
Vegetables	Baked Beans	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley
Dessert or	Doughnut	Homemade Vanilla Sponge with Custard Piping	Homemade Raspberry Sponge	Homemade Brownie	Homemade Fruit Flapjack
Yogurt or	Fruit Yogurt				
Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon	Fresh Fruit
	15/09/2025 06/10/2025	16/09/2025 07/10/2025	17/09/2025 08/10/2025	18/09/2025 09/10/2025	19/09/2025 10/10/2025
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Ham and Cheese pastry Slice	Chicken Tikka Curry	Diced Chicken in a Tomato and Basil Sauce	Toad in the Hole	Harry Ramsdens Salmon Fishcake
Option 2 (V)	Vegetable Fingers	Chickpea and Lentil Curry	Homemade Tomato and Basil Sauce	Quorn Toad in the Hole	Cheesy Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna				
Side	Herby Potato Cubes	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges
Vegetables	Baked Beans	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley
Dessert or	Cocoa Muffin	Homemade Sticky Toffee Cake	Homemade Blueberry Sponge Cake	Homemade Jam Sponge Piping Cake	Jelly and Cream
Yogurt or	Fruit Yogurt				
Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon	Fresh Fruit

* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE: Jelly is not suitable for Vegan/Vegetarians.

* Please don't order meals unless you are willing to pay for them.

* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFMSM.

Menu may change due to stock levels available from suppliers