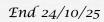


Start 01/09/25





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Malvern September/Octo ber 2025

	Pepper
School	Lunches

		School Lunches					
- And		01/09/2025 22/09/2025 13/10/2025	02/09/2025 23/09/2025 14/10/2025	03/09/2025 24/09/2025 15/10/2025	04/09/2025 25/09/2025 16/10/2025	05/09/2025 26/09/2025 17/10/2025	
1	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
1	Option 1	Sausage Roll	Chicken Tikka Curry	Meatballs in a Tomato and Basil Sauce	Roast Chicken	Breaded Fish Stars	
	Option 2 (V)	Cheese and Onion Roll	Chickpea and Lentil Curry	Meatless Meatballs	Quorn Fillet	Cheesy Tomato Pizza	
1	Option 3	Jacket Potatoes, Cheese, Beans or Tuna					
	Side	Herby Potato Cubes	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges	
-	Vegetables	Sweetcorn	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley	
	Dessert or	Cocoa Muffin	Homemade Brownie	Homemade Jam Sponge Piping Cake	Homemade Sticky Toffee Cake	Jelly and Cream	
	Yogurt or	Fruit Yogurt					
	Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon	
	3/	08/09/2025 29/09/2025 20/10/2025	09/09/2025 30/09/2025 21/10/2025	10/09/2025 01/10/2025 22/10/2025	11/09/2025 02/10/2025 23/10/2025	12/09/2025 03/10/2025 24/10/2025	
1	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
-	Option 1	Sausage	Butter Chicken Curry	Meatballs in a Tomato and Basil Sauce	Roast Chicken	Breaded Pollock	
	Option 2 (V)	Quorn Sausage	Butter Quorn Curry	Meatless Meatballs	Quorn Fillet	Cheesy Tomato Pizza	
1	Option 3	Jacket Potatoes, Cheese, Beans or Tuna					
	Side	Potato Mash	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges	
North North	Vegetables	Baked Beans	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley	
	Dessert or	Doughn.ut	Homemade Vanilla Sponge with Custard Piping	Homemade Raspberry Sponge	Homemade Brownie	Homemade Fruit Flapjack	
	Yogurt or	Fruit Yogurt					
4	Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon	Fresh Fruit	
10		15/09/2025 06/10/2025	16/09/2025 07/10/2025	17/09/2025 08/10/2025	18/09/2025 09/10/2025	19/09/2025 10/10/2025	
	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
5	Option 1	Ham and Cheese pastry Slice		Diced Chicken in a Tomato and Basil Sauce	Toad in the Hole	Harry Ramsdens Salmon Fishcake	
	Option 2 (V)	Vegetable Fingers	Chickpea and Lentil Curry	Homemade Tomato and Basil Sauce	Quorn Toad in the Hole	Cheesy Tomato Pizza	
	Option 3	Jacket Potatoes, Cheese, Beans or Tuna					
	Side	Herby Potato Cubes	Pilau Rice/Naan	Pasta and Garlic Bread	Oven Roast Potatoes	Potato Wedges	
	Vegetables	Baked Beans	Hidden Vegetable Curry Sauce	Homemade Tomato and Basil Sauce	Sliced Carrots and Peas	Vegetable Medley	
	Dessert or	Cocoa Muffin	Homemade Sticky Toffee Cake	Homemade Blueberry Sponge Cake	Homemade Jam Sponge Piping Cake	Jelly and Cream	
1	Yogurt or	Fruit Yogurt					
	Fresh Fruit (V)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Watermelon	Fresh Fruit	

*We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE. Jelly is not suitable for Vegan/Vegetarians. Please don't order meals unless you are willing to pay for them. Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFSM. Menu may change due to stock levels available from suppliers

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