



Black Pepper School Lunches

Bromyard April/May 2024



	08/04/2024 29/04/2024 20/05/2024	09/04/2024 30/04/2024 21/05/2024	10/04/2024 01/05/2024 22/05/2024	11/04/2024 02/05/2024 23/05/2024	12/04/2024 03/05/2024 24/05/2024
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Roast Chicken	Pigs n Blankets	Meatballs in a Tomato and Basil Sauce	Chicken Tikka Curry	Breaded Pollock
Option 2 (V)	Quorn Fillet	Omelette	Vegetable Falafels in a Tomato and Basil Sauce	Vegetable Curry	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	Oven Roast Potatoes	Baked Hash Brown Bites	Pasta and Garlic Bread	Pilau Rice	Oven Baked Wedges
Vegetables	Batton Carrots and Green Beans	Baked Beans	Homemade Tomato and Basil sauce with main	Tomato based Curry Sauce with main	Mixed Veg
Dessert or Yogurt or Fresh Fruit (V)	Vanilla Flavour Pudding	Fruit Flapjack	Jelly and Cream	Homemade Vanilla Sponge with Custard Piping	Brownie
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	15/04/2024 06/05/2024	16/04/2024 07/05/2024	17/04/2024 08/05/2024	18/04/2024 09/05/2024	19/04/2024 10/05/2024
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Bangers and Mash	Roast Chicken	Meatballs in a Tomato and Basil Sauce	Chicken Curry	Breaded Fish
Option 2 (V)	Veggie Bangers and Mash	Quorn Fillet	Vegetable Falafels in a Tomato and Basil Sauce	Vegetable Curry	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	Potatoes Mash	Oven Roast Potatoes	Pasta and Garlic Bread	Pilau Rice	Oven Saute Potato
Vegetables	Baked Beans	Cauliflower Cheese	Homemade Tomato and Basil sauce with main	Tomato based Curry Sauce with main	Mixed Veg
Dessert or Yogurt or Fresh Fruit (V)	Blueberry Muffin	Jelly and Squirty Cream	Brownie	Jam Sponge Piping Cake	Homemade Vanilla Sponge with Custard Piping
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	22/04/2024 13/05/2024	23/04/2024 14/05/2024	24/04/2024 15/05/2024	25/04/2024 16/05/2024	26/04/2024 17/05/2024
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Breaded Chicken Steaks with Separate Chinese curry Sauce	BBQ Chicken Pizza	Sausage Roll	Chicken and Tomato Pasta	Fish Fingers
Option 2 (V)	Quorn Burger	Cheese and Tomato Pizza	Veggie Sausage Roll	Cheese and Broccoli Pasta Bake	Vegetable Fingers
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	White and Brown Rice	Potatoes Cubes	Baked Hash Brown Bites	Pasta Twist	Oven Baked Wedges
Vegetables	Sliced Carrots and Peas	Sweetcorn and Green Beans	Baked Beans	Homemade Tomato sauce with main	Mixed Veg
Dessert or Yogurt or Fresh Fruit (V)	Chocolate Flavour Pudding	Brownie	Fruit Crumble and Custard	Homemade Raspberry Sponge	Fruit Flapjack
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE. Jelly is not suitable for Vegan/Vegetarians.

* Please don't order meals unless you are willing to pay for them.

* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFMS. Menu may change due to stock levels available from suppliers

