



Black Pepper School Lunches

Bromyard Apríl/May 2024

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|--|---|---|---|---|---|
| | 08/04/2024 | 09/04/2024 | 10/04/2024 | 11/04/2024 | 12/04/2024 |
| The state of the s | 29/04/2024 | 30/04/2024 | 01/05/2024 | 02/05/2024 | 03/05/2024 |
| | 20/05/2024 | 21/05/2024 | 22/05/2024 | 23/05/2024 | 24/05/2024 |
| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Roast Chicken | Pigs n Blankets | Meatballs in a Tomato and Basil Sauce | Chicken Tikka Curry | Breaded Pollock |
| Option 2 (V) | Quorn Fillet | Omelette | Vegetable Falafels in a Tomato and Basil Sauce | Vegetable Curry | Cheese and Tomato Pizza |
| Option 3 | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna |
| Side | Oven Roast Potatoes | Baked Hash Brown Bites | Pasta and Garlic Bread | Pilau Rice | Oven Baked Wedges |
| Vegetables | Batton Carrots and Green Beans | Baked Beans | Homemade Tomato and Basil sauce with main | Tomato based Curry Sauce with main | Mixed Veg |
| Dessert or | Vanilla Flavour Pudding | Fruit Flapjack | Jelly and Cream | Homemade Vanilla Sponge with Custard Piping | Brownie |
| Yogurt or | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |
| Fresh Fruit (V) | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| | 15/04/2024 | 16/04/2024 | 17/04/2024 | 18/04/2024 | 19/04/2024 |
| | 06/05/2024 | 07/05/2024 | 08/05/2024 | 09/05/2024 | 10/05/2024 |
| Wast 0 | Manday | Tuesday | Mada a day | Thomasland | Fride |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Bangers and Mash | Roast Chicken | Meatballs in a Tomato and Basil Sauce | Chicken Curry | Breaded Fish |
| Option 2 (V) | Veggie Bangers and Mash | Quorn Fillet | Vegetable Falafels in a Tomato and Basil Sauce | Vegetable Curry | Cheese and Tomato Pizza |
| Option 3 | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna |
| Side | Potatoes Mash | Oven Roast Potatoes | Pasta and Garlic Bread | Pilau Rice | Oven Saute Potato |
| Vegetables | Baked Beans | Cauliflower Cheese | Homemade Tomato and Basil sauce with main | Tomato based Curry Sauce with main | Mixed Veg |
| Dessert or | Blueberry Muffin | Jelly and Squirty Cream | Brownie | Jam Sponge Piping Cake | Homemade Vanilla Sponge with Custard Piping |
| Yogurt or | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |
| Fresh Fruit (V) | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| | 22/04/2024 13/05/2024 | 23/04/2024 14/05/2024 | 24/04/2024 15/05/2024 | 25/04/2024 16/05/2024 | 26/04/2024 17/05/2024 |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| week 3 | Monday Breaded Chicken Steaks | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | with Seperate Chinese curry | BBQ Chicken Pizza | Sausage Roll | Chicken and Tomato Pasta | Fish Fingers |
| Option 2 (V) | Quorn Burger | Cheese and Tomato Pizza | Veggie Sausage Roll | Cheese and Broccoli Pasta Bake | Vegetable Fingers |
| Option 3 | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna | Jacket Potatoes, Cheese, Beans or Tuna |
| Side | White and Brown Rice | Potatoes Cubes | Baked Hash Brown Bites | Pasta Twist | Oven Baked Wedges |
| Vegetables | Sliced Carrots and Peas | Sweetcorn and Green Beans | Baked Beans | Homemade Tomato sauce with main | Mixed Veg |
| Dessert or | Chocolate Flavour Pudding | Brownie | Fruit Crumble and Custard | Homemade Raspberry Sponge | Fruit Flapjack |
| Yogurt or | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |
| _ | | | | - | |

^{*} We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE. Jelly is not suitable for Vegan/Vegetarians.

* Please don't order meals unless you are willing to pay for them.

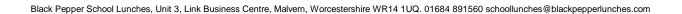
* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFSM.

Menu may change due to stock levels available from suppliers

Fresh Fruit

Fresh Fruit





Fresh Fruit

Fresh Fruit (V)



























Fresh Fruit