



Black Pepper School Lunches

Bromyard March/April 2022



25/04/2022 16/05/2022	26/04/2022 17/05/2022	27/04/2022 18/05/2022	28/04/2022 19/05/2022	29/04/2022 20/05/2022
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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage Roll	Beef Burger in a Bread Roll	Meatballs in a Tomato and Basil Sauce with Garlic Bread	Tortilla Chicken Wrap	Breaded Fishcake
Option 2 (V)	Vegetable Sausage Roll	Vegetable Burger in a Bread Roll	Veg. Falafels in a Tomato and Basil Sauce with Garlic Bread	Tortilla Quorn Wrap	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	Hash Brown Nuggets	Oven Baked Wedges	Pasta Twist	Herby Diced Potatoes	Oven Chips
Vegetables	Peas and Sweetcorn	Green Bean and Fluted Carrot	Tomato and Basil sauce	Mixed Beans and Sweetcorn	Peas and Diced Carrots
Dessert or Yogurt or Fresh Fruit (V)	Mousse - Raspberry Ripple	Oat Flapjacks	Coco Brownies	Banana Sponge	Jelly and Squirry Cream
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



23/05/2022	03/05/2022 24/05/2022	04/05/2022 25/05/2022	05/05/2022 26/05/2022	06/05/2022 27/05/2022
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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cream Chicken Pastry Slice	Hot Dog	Chicken Curry with Naan Bread	Chicken Nuggets	Jumbo Fish Finger
Option 2 (V)	Creamy Vegetable Pie	Quorn Dog	Vegetable Curry with Naan Bread	Vegetable Nuggets	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	Oven Roast Potatoes	Potato Wedges	White and Brown Rice	Herby Diced Potatoes	Oven Chips
Vegetables	Sweetcorn and Baby Carrots	Baked Beans	Tomato based Curry Sauce	Baked Beans	Peas and Diced Carrots
Dessert or Yogurt or Fresh Fruit (V)	Doughnut - Jam	Mousse - Strawberry Ripple	Sponge with Custard Piping	Chocolate Cake and Custard	Mango Sponge
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



09/05/2022	10/05/2022	11/05/2022	12/05/2022	13/05/2022
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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Pattie and Yorkshire Pudding with separate Gravy	Jumbo Sausage	Meatballs with Tomato pasta with Garlic Bread	Chicken Burger in a Roll	Breaded Pollock
Option 2 (V)	Quorn Chicken and Yorkshire Pudding with separate Gravy	Quorn Sausage	Tomato pasta with Cheese with Garlic Bread	Vegetable Burger Roll	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Side	Oven Roast Potatoes	Hash Brown Nuggets	Pasta	Herby Diced Potatoes	Oven Chips
Vegetables	Peas and Carrots	Baked Beans	Tomato and Basil Sauce	Peas and Sweetcorn	Sweetcorn and Diced Carrots
Dessert or Yogurt or Fresh Fruit (V)	Mousse - Chocolate	Oat Flapjacks	Sponge with Jam Piping	Coco Brownies and Custard	Jelly and Squirry Cream
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE. Jelly is not suitable for Vegan/Vegetarians.

* Please don't order meals unless you are willing to pay for them.

* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFMS. Menu may change due to stock levels available from suppliers

