



Black Pepper School Lunches

November/December 2021



	01/11/2021 22/11/2021 13/12/2021	02/11/2021 23/11/2021 14/12/2021	03/11/2021 24/11/2021 15/12/2021	04/11/2021 25/11/2021 16/12/2021	05/11/2021 26/11/2021 17/12/2021
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Roast Chicken, Separate Gravy	Hot Dog	Chicken Curry with Naan Bread	Meatballs in a Tomato and Basil Sauce with Garlic Bread	Breaded Fish
Option 2 (V)	Vegetable and Cheese Country Bake	Quorn Dog	Vegetable Curry with Naan Bread	Veg. Falafels in a Tomato and Basil Sauce with Garlic Bread	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Carbohydrates & Vegetables	Oven Roast Potatoes	Potato Wedges	White and Brown Vegetable Rice	Pasta Twist	Chunky Oven Chips
	Peas and Carrots	Baked Beans	Vegetables included in Main	Vegetables included in Main	Mixed Vegetables
Dessert or Yogurt or Fresh Fruit (V)	Jam Tart	Banana Cake	Coco Brownies	Toffee Sponge	Chocolate and Cherry Sponge
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	08/11/2021 29/11/2021	09/11/2021 30/11/2021	10/11/2021 01/12/2021	11/11/2021 02/12/2021	12/11/2021 03/12/2021
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Battered Chicken Steak	Sausage wrapped in Bacon	Meatballs in a Tomato and Basil Sauce with Garlic Bread	Beef Burger in a Bread Roll	Jumbo Fish Finger
Option 2 (V)	Vegetable Finger	Quorn Sausage	Vegetable Lasagne	Vegetable Burger in a Bread Roll	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Carbohydrates & Vegetables	White and Brown Rice	Oven Roast Potatoes	Pasta Twist	Oven Baked Wedges	Chunky Oven Chips
	Peas and Sweetcorn	Baked Beans	Vegetables included in Main	Baked Beans	Peas and Sweetcorn
Dessert or Yogurt or Fresh Fruit (V)	Apple Pie	Fruit Jelly and Separate Cream	Oat Flapjacks	Chocolate and Mango Sponge	Coco Brownies
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	15/11/2021 06/12/2021	16/11/2021 07/12/2021	17/11/2021 08/12/2021	18/11/2021 09/12/2021	19/11/2021 10/12/2021
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chargrill Chicken and BBQ Sauce	Meatballs in a Tomato and Basil Sauce with Garlic Bread	Chicken Curry with Naan Bread	Sausage Roll	Fish Cakes
Option 2 (V)	Quorn Dippers	Veg. Falafels in a Tomato and Basil Sauce with Garlic Bread	Vegetable Curry with Naan Bread	Vegetable Sausage Roll	Cheese and Tomato Pizza
Option 3	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna	Jacket Potatoes, Cheese, Beans or Tuna
Carbohydrates & Vegetables	Oven Baked Wedges	Pasta Twist	White and Brown Rice	Herby Diced Potatoes	Chunky Oven Chips
	Peas and Carrots	Vegetables included in Main	Vegetables included in Main	Baked Beans	Mixed Vegetables
Dessert or Yogurt or Fresh Fruit (V)	Fruit Jelly and Separate Cream	Blueberry Muffin Cake	Vanilla Sponge with Jam Pipping	Coco Brownies	Vanilla Sponge with Custard Pipping
	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE. Jelly is not suitable for Vegan/Vegetarians.

* Please don't order meals unless you are willing to pay for them.

* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFMS. Menu may change due to stock levels available from suppliers

