

# Black Pepper School Lunches *(Pack Lunches with Jp's)*

## April/May 2021



19/04/2021 10/05/2021	20/04/2021 11/05/2021	21/04/2021 12/05/2021	22/04/2021 13/05/2021	23/04/2021 14/05/2021
--------------------------	--------------------------	--------------------------	--------------------------	--------------------------

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Packed Lunch Option 2 (V)</b>	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese
<b>Jacket Potato Option 3</b>	Jacket Potatoes with Beans and Sausages	Jacket Potatoes with Chicken Curry	Jacket Potatoes with Beans/Chicken Nuggets	Jacket Potatoes with Tomato Sauce and Meatballs	Jacket Potatoes with Beans/Fish Fingers
<b>Packed Lunch - Carbohydrates &amp; Vegetables</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Jam Tart	Chocolate and Banana Sponge	Coco Brownies	Vanilla and Chocolate Marble Cake	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



26/04/2021 17/05/2021	27/04/2021 18/05/2021	28/04/2021 19/05/2021	29/04/2021 20/05/2021	30/04/2021 21/05/2021
--------------------------	--------------------------	--------------------------	--------------------------	--------------------------

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Packed Lunch Option 2 (V)</b>	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese
<b>Jacket Potato Option 3</b>	Jacket Potatoes with Beans and Sausages	Jacket Potatoes with Chicken Curry	Jacket Potatoes with Beans/Chicken Nuggets	Jacket Potatoes with Tomato Sauce and Meatballs	Jacket Potatoes with Beans/Fish Fingers
<b>Packed Lunch - Carbohydrates &amp; Vegetables</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Oat Flapjacks	Orange Sponge with Choc Chips	Coco Brownies	Vanilla and Chocolate Marble Cake	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



24/05/2021	04/05/2021 25/05/2021	05/05/2021 26/05/2021	06/05/2021 27/05/2021	07/05/2021 28/05/2021
------------	--------------------------	--------------------------	--------------------------	--------------------------



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Packed Lunch Option 2 (V)</b>	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese
<b>Jacket Potato Option 3</b>	Jacket Potatoes with Beans and Sausages	Jacket Potatoes with Chicken Curry	Jacket Potatoes with Beans/Chicken Nuggets	Jacket Potatoes with Tomato Sauce and Meatballs	Jacket Potatoes with Beans/Fish Fingers
<b>Packed Lunch - Carbohydrates &amp; Vegetables</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Oat Flapjacks	Coco Sponge and Custard Piping	Yogurt Sponge Cake	Coco Brownies	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



- \* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free.
- \* Please don't order meals unless you are willing to pay for them.
- \* Order online at [www.blackpepperlunches.com](http://www.blackpepperlunches.com), whether you pay by card or entitled to FSM/UFMS.
- \* Salad and Bread is provided each day. Non of our food is deep fried. V = Suitable for vegetarian.

Every day we have, Ham Sandwiches, Cheese Sandwiches and Tuna(Tu,We,Th)/Jam(Mo,Fr) Sandwiches, to order online  
 All jacket potato options come with containers with plastic cutlery and dessert  
 All Sandwich/wrap options come with snack and dessert  
 Please let me know by email if have any dietary request. For example; No Spread, Wholemeal bread, No pork snacks etc