

# Black Pepper School Lunches

## April/May 2021



	19/04/2021 10/05/2021	20/04/2021 11/05/2021	21/04/2021 12/05/2021	22/04/2021 13/05/2021	23/04/2021 14/05/2021
<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Jacket Potato Option 2 (V)</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Jacket Potato Option 3</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Pack Lunch Carbohydrates</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Jam Tart	Chocolate and Banana Sponge	Coco Brownies	Vanilla and Chocolate Marble Cake	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	26/04/2021 17/05/2021	27/04/2021 18/05/2021	28/04/2021 19/05/2021	29/04/2021 20/05/2021	30/04/2021 21/05/2021
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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Jacket Potato Option 2 (V)</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Jacket Potato Option 3</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Pack Lunch Carbohydrates</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Oat Flapjacks	Orange Sponge with Choc Chips	Coco Brownies	Vanilla and Chocolate Marble Cake	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	03/05/2021 24/05/2021	04/05/2021 25/05/2021	05/05/2021 26/05/2021	06/05/2021 27/05/2021	07/05/2021 28/05/2021
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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Packed Lunch Option 1</b>	Ham and Cheese Wrap	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	BBQ Chicken Wrap
<b>Jacket Potato Option 2 (V)</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Jacket Potato Option 3</b>	Not Available	Not Available	Not Available	Not Available	Not Available
<b>Pack Lunch Carbohydrates</b>	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll and Salad Bag	Pasta Pot	Pizza and Salad Bag
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Dessert or Yogurt or Fresh Fruit (V)</b>	Oat Flapjacks	Coco Sponge and Custard Piping	Yogurt Sponge Cake	Coco Brownies	Jelly
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



\* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, but nuts used elsewhere". Therefore cannot guarantee nut free. NOTE: Jelly is not suitable for Vegan/Vegetarians.  
 \* Please don't order meals unless you are willing to pay for them.  
 \* Order online at [www.blackpepperlunches.com](http://www.blackpepperlunches.com), whether you pay by card or entitled to FSM/UFMSM.  
 Menu may change due to stock levels available from suppliers



Every day we have, Ham Sandwiches, Cheese Sandwiches and Tuna Sandwiches, to order online  
 All jacket potato options come with containers with plastic cutlery and dessert  
 All Sandwich/wrap options come with snack and dessert  
 Please let me know by email if have any dietary request. For example; No Spread, Wholemeal bread, No pork snacks etc